



Saturday, September 29, 2018

1 Day Informational Conference

Sunday, September 30, 2018

1 Day In-depth Workshop

Penticton Trade and Convention Centre

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## Okanagan Medicinal Cannabis Conference 2018

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### Okanagan Medicinal Cannabis Conference "What you need to know about medicinal cannabis."

**WHEN:** Saturday, September 29, 2018 & Sunday, September 30, 2018

**WHERE:** The Penticton Trade and Convention Center in Penticton BC

The Kelowna based NRG Wellness Group is pleased to be the official organizers and co-sponsors of the Okanagan Medicinal Cannabis Conference 2018 – Benefits – Access – Usage.

### **Cannabis - What is it besides a recreational drug?**

Cannabis is a plant medicine that could significantly change your health and well being. This plant has generated huge interest in the medical world in the last few years. The emerging science of how this plant can improve life with very few side effects makes it a consideration for people of all ages and qualities of life. The Okanagan Medicinal Cannabis Conference will provide you with a broad knowledge of what this herbal medicine might do for you or someone you know.

### **Conference Details – Saturday, September 29, 2018 – 9am to 8:30pm**

At the Conference you will learn the latest information from trained and knowledgeable professionals.

- Learn the fascinating history of cannabis.
- Learn how this amazing plant medicine can help with a range of illnesses.
- Learn how to become a medical cannabis patient and how to legally access products.
- Understand what cannabinoids are (CBD, THC and others)
- Learn how the endocannabinoid system works with cannabis.
- Learn about the legal issues of using and carrying medicinal cannabis.
- And much more.

For anyone already using, or considering using medicinal cannabis, you will learn what you need to know to make an informed choice.

**NOTE: There will not be any cannabis or products on site during this weekend event. The Okanagan Medicinal Cannabis Conference is for educational and informational purposes only.**

# Okanagan Medicinal Cannabis Conference 2018

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## Conference Schedule - Saturday September 29, 2018 – 9am to 8:45pm

*(Subject to change without notice)*

The conference topics and speakers will prove to be interesting, informative and exciting.

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|--------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 8:00 – 9:00am      | Doors open – Visit Sponsor Booths – coffee/tea/water available                                                                    |
| 9:00 am            | <b>Conference Opening</b><br>Mike Rowland & Terri Bernath, NRG Wellness Group                                                     |
| 9:15 - 10:15 am    | <b>Cannabis as Plant Medicine - Keynote</b><br>Jeananne Laing – Registered Herbalist, Cannabis Educator                           |
| 10:15 – 10:45 am   | <b>BREAK</b> – 30 minutes (coffee, tea & water included)                                                                          |
| 10:45 – 11:45 am   | <b>Myth, Magik, &amp; Medicine – History and Alchemy of Cannabis</b><br>Paul Harris - Herbalist, Historian, Alchemist, & Inventor |
| 11:45 – 12:30 pm   | <b>Becoming a Medicinal Cannabis Patient</b><br>Terry Roycroft – President, Medicinal Cannabis Resource Centre Inc. (MCRCI)       |
| 12:30 pm – 1:30 pm | <b>LUNCH (Buffet lunch included)</b>                                                                                              |
| 1:30 – 2:30 pm     | <b>Cannabis; A Medical Perspective</b><br>Dr. William Fair, MD – Vernon, BC                                                       |
| 2:30 – 3:30 pm     | <b>Using a Dispensary: Products, delivery systems &amp; testing</b><br>(to be announced)                                          |
| 3:30 – 4:00 pm     | <b>BREAK</b> – 30 minutes (coffee, tea & water included)                                                                          |
| 4:00 – 4:30 pm     | <b>The Law Regarding Medicinal Cannabis:</b><br>Transporting, possession, and more.<br>(Speaker to be announced)                  |
| 4:30 – 5:30 pm     | <b>Mental Health &amp; Cannabis</b><br>Kim Crosby, MA - UBCO (Researcher with Dr. Zack Walsh, PHD, RPsych)                        |
| 5:30 to 7:00 pm    | <b>DINNER BREAK</b> – explore the restaurants in Penticton                                                                        |
| 7:00 – 8:30 pm     | <b>Panel Discussion</b> with all presenters. Questions and discussion.                                                            |
| 8:30 – 8:45 pm     | <b>Conference closing</b>                                                                                                         |

**Don't Miss the Sponsor Booths**

# Okanagan Medicinal Cannabis Conference 2018

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## Workshop Details – Sunday, September 30, 2018 – 9am to 5:30pm

Taught by Jeananne Laing, Registered Master Herbalist and Cannabis Educator, her day long workshop, **Using Cannabis as Medicine**, is full of up to date information and will delve more deeply into the information covered in the conference. There will plenty of time for questions and answers throughout the day. Participants can write an online quiz to obtain a certificate if they choose.

You will learn about:

- How our Endocannabinoid system is vital to homeostasis and immunity
- Why you don't need to get "stoned" in order to benefit from cannabis
- How the smell of cannabis affects its therapeutic action
- What medical conditions may benefit from cannabis therapy
- Who must avoid cannabis
- What intake methods are most effective
- How to determine the best therapeutic dosage
- Why a small dose is sometimes more effective than a large dose
- How to manage side effects and even use them to your advantage
- Why strain selection matters
- And more!

### Workshop Schedule (Subject to change without notice)

8:00 – 9:00am	Doors open – Visit sponsor booths – Coffee/Tea/Water available
9:00 am	Workshop begins
10:30 – 11:00am	BREAK – 30 minutes (coffee and tea provided)
11:00 – 12:30pm	Workshop continues
12:30 – 1:30pm	LUNCH (buffet lunch included)
1:30 – 3:00pm	Workshop continues
3:00 – 3:30pm	BREAK – 30 minutes (coffee and tea provided)
3:30 – 5:00pm	Workshop continues
5:00 - 5:30 pm	Closing

### NOTES:

- There will not be any cannabis or products on site during this weekend event.
- *Using Cannabis as Medicine* workshop is for educational purposes only.
- Information on manufacturing, medicine making and growing are not part of the workshop.

# Okanagan Medicinal Cannabis Conference 2018

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## Conference Speakers



### **Cannabis as Plant Medicine**

**Jeananne Laing - Cannabis Educator, Registered Herbalist (AHA), and Integrative Nutrition Health Coach.**

Through her "Enhealthment" programs, Jeananne helps others regain and maintain health through the use of herbal remedies, nutrition, and lifestyle hacking. Jeananne is excited to now include counseling on legal medical cannabis as a powerful healing tool for her clients.

After many years of managing and teaching at the Wild Rose College of Natural Healing, Jeananne continues her passion for education as Co-founder/Co-Director at Lodgepole School of Wholistic Studies. She is a Cannabis Educator at Harvest Medicine Clinic in Calgary and frequently speaks on various aspects of cannabis and other herbal medicines.

Jeananne completed the Wild Rose College of Natural Healing Clinical and Master Herbalist diploma in 2006 under the direction of Dr. Terry Willard, PhD. Jeananne is a founding member and current President of the Alberta Herbalists Association and served as a board member with the Canadian Council of Herbal Associations 2005 - 2017.



### **Myth, Magik, & Medicine – History and Alchemy of Cannabis** **Paul Harris - Herbalist, Historian, Alchemist, Inventor**

Paul Harris is an inventor and hands-on entrepreneur of 27 years; founding and working with various successful start ups in energy, medical and information technology sectors. He is also an eclectic researcher and educator. He has taken a multidisciplinary approach to life and has developed a deep knowledge-base in a wide area of studies including Alchemy, Herbology, Phyto-chemistry, Alternative Fuels, Energy Production and Storage, Electronics, Plasma Physics, Water Technologies and Permaculture.

Paul formulates and produces Alchemical Spagyric tinctures, essences and elixirs. His inventions include various electro-medical devices, water processing, petrochemical refining, waste to energy, oil sands extraction, alternative fuels and energy scavenging systems. Paul has found this diversity necessary in understanding the fundamental principles behind the true workings of nature.

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## Okanagan Medicinal Cannabis Conference 2018

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### **Becoming a Medicinal Cannabis Patient**

**Terry Roycroft – President, Medicinal Cannabis Resource Centre Inc. (MCRCI)**

In 2010, Mr. Roycroft founded MCRCI, a private organization with licensed physicians that educate and sign in support of qualified patients looking for legal access and guidance for medicinal cannabis. MCRCI soon became the leading cannabis clinic in Canada with a team of doctors who specialize in prescribing cannabis.

With his knowledge and experience in the medicinal cannabis industry, Mr. Roycroft soon became one of the top consultants in the country for the Marihuana for Medical Purposes Regulations (MMPR) and the former Marihuana Medical Access Regulations (MMAR). Mr. Roycroft continues to expand his network and database within the industry, locally and internationally, by working with production sites, pharmacists, medical laboratories, doctors, and patients.

Mr. Roycroft has also recently been invited to join the Stakeholder Advisory Committee by the Project Director of the Cannabis Legalization and Regulation Secretariat of British Columbia.

### **Mental Health & Cannabis**

**Kim Crosby, MA - UBCO**

(Researcher with Dr. Zack Walsh, PHD, RPsych)

Photo and details to follow

### **Cannabis; A Medical Perspective**

**Dr. William Fair, MD – Vernon, BC**

Photo and details to follow

### **Using a Dispensary: Products, delivery systems & testing**

(to be announced)

### **The Law Regarding Medicinal Cannabis:**

Transporting, possession, and more.

(Speaker to be announced)

MORE INFORMATION TO FOLLOW

# Okanagan Medicinal Cannabis Conference 2018

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## About the Organizers

The NRG Wellness Group, owned and operated by Terri Bernath and Michael Rowland, is pleased to be organizing and presenting the Okanagan's first informational conference for medicinal cannabis. Michael and Terri operate a small healing clinic in Kelowna, helping people to find health using natural means. They have a concern that many of their clients are using cannabis without clear and accurate knowledge of usage, good product information and clean sources of supply. This is a common story and they decided to organize a conference, so people can better understand the use of medical cannabis.

The Okanagan Medicinal Cannabis Conference will be a very informative and successful event. The knowledge and information you gain from your participation will help to you to improve the lives of friends and relatives by having the information they need to make better informed choices with respect to their medical challenges.

We all deserve to be healthy. We all have the right to choose how this happens. If you are considering medicinal cannabis, be well informed. This weekend conference can empower you to heal.



### **Terri Bernath, The NRG Wellness Group**

Chartered Herbalist, Certified Reflexologist, and TheraPhist, Terri Bernath was born and raised in the Okanagan Valley. She has been involved in natural healing in Kelowna for more than 35 years. Reflexology, herbology, birth coaching, emotional links to disease, TheraPhi and a deep curiosity of the body have created her multidimensional approach to healing.



### **Michael Rowland, The NRG Wellness Group**

Initially taking the "success" path to life, Michael graduated with an MBA from the Ivey School of Business and spent the next 25 plus years as a corporate executive. Eventually leaving the corporate world behind, he purchased and ran a lodge in the majestic Kootenay area of British Columbia. It was there, surrounded by the peace and harmony of the natural world, that he discovered a keen interest in natural and holistic healing. During the last 15 years Michael has become known and respected for his work in energy healing. It was a natural progression and synergistic to join with Terri to form the NRG Wellness Group.

Learn more about the NRG Wellness Group - [www.theraphi-nrg.ca](http://www.theraphi-nrg.ca)

# Okanagan Medicinal Cannabis Conference 2018

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## **Purchase Tickets – online at [www.omconference.ca](http://www.omconference.ca)**

We are pleased to be offering this conference, so that you can make better informed choices about your health and wellness. We have tried to keep the ticket prices as low as possible and yet cover all the costs for this informative and exciting event.

### **Ticket Prices**

#### **Early Bird Pricing – Purchased prior to August 15, 2018**

Saturday Conference ONLY - \$60.00 – **Save \$25.00**

Weekend Ticket - Conference & Workshop - \$195.00 – **Save \$50.00**

#### **Regular Pricing – Purchased after August 15, 2018**

Saturday Conference ONLY - \$85.00

Sunday Workshop ONLY - \$160.00

Weekend Ticket - both Conference and Workshop \$220.00 - **Save \$25.00**

#### **\*IMPORTANT NOTES**

GST is included in prices. Lots of free parking on site.

Tickets include coffee, tea, and a buffet lunch each day.

Tickets are also available in-person at the Valley First Box Office (at the South Okanagan Event Centre (SOEC) Monday to Friday 10AM to 5PM and online at [www.ValleyFirstTix.com](http://www.ValleyFirstTix.com).

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## Event Sponsorship

We would like to thank all the sponsors of the Okanagan Medicinal Cannabis Conference for their generosity and support in creating this event for you. Their contributions have allowed us to bring the information to you and hopefully make a difference in your life.

Please recognize them by joining us in giving them a big thank you and support them in their desire to provide you with information and high quality products and services.

***There are still a few sponsorship and other promotional opportunities. Please contact us for the Sponsor Package and other promotional opportunity information.***

### Don't Miss the Sponsor Booths

Most of the event sponsors will have display booths at the conference, so you can find out more about how they can benefit you.



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## Hotel Special Rates

In case you decide to stay in Penticton overnight, we have been offered special rates at the hotels nearest the conference, as follows.

**[Sandman Hotel](#)** - 939 Burnaby Ave, Penticton - (250) 493-7151

Room with one queen bed, or two double beds = \$119.00 plus taxes, per night (reg. \$169.00 to \$189.00)

Use code "OMCC" or 319189 when booking.

**Ramada Inn** - 1050 Eckhardt Ave W, Penticton - (250) 492-8926

Room with two queen beds, or business class king rooms with one king bed = \$164.00 plus taxes per night. (Reg. \$199.00)

Special rates apply until **12:00 noon on July 28<sup>th</sup>, 2018**. So, book early.

To book online, [click here](#) and enter in your arrival and departure date, select SPECIAL RATES, then enter the assigned Code **CGOM18** in Group Code.

Reservations can also be made by phone at **250-492-8926 Ext 0 (Speak with the front desk)**. Please make sure to quote the group code when making the reservation to receive the discounted pricing.

**[The Coast Penticton Hotel](#)** - 950 Westminster Ave W, Penticton - (250) 492-0225

Special pricing on various sized rooms with 2 queen beds, or one king bed = \$142.00 to \$172.00 plus taxes, per night.

**Special rates in effect until August 3, 2018**

Use this code when booking online: CPH-GF328